Student Health Services

Les Lawrence, MD
Executive Director

Kevin Readdean, MS Ed
Associate Director
# Multidisciplinary Team

## Medical Staff
- 3 Physicians
- 2 Physician Assistants
- 1 Nurse Practitioner
- 4 Registered Nurses
- 1 Medical Assistant
- 1 Head Athletic Trainer
- 4 Athletic Trainers

## Disability Services Staff
- 1 Director of Disability Services
- 1 Operations Associate

## Counseling Staff
- 1 Psychiatrist
- 2 Psychologists
- 3 Social Workers
- 1 Licensed Mental Health Counselor

## Administrative Staff
- 1 Associate Director
- 1 Operations Manager
- 1 Insurance Specialist
- 3 Clerical

## Health Promotion Staff
- 2 Health Educators
LOCATIONs

Academy Hall
- 4000 Level: Counseling and Disability Services
- 3000 Level: Medical and Health Promotion Services

East Campus Athletic Village
- ECAV: Sports Medicine
The nurse and front staff are very friendly and welcoming. The nurses always listen to your issues and ask pertinent questions.

Emergency Services
- After Hours Emergency: 911 or 518-276-6611
- Samaritan Hospital Emergency Department: 2215 Burdett Avenue, Troy, 24/7

Urgent Care
- St. Peter’s Urgent Care (St. Mary’s Hospital) - 1300 Massachusetts Avenue
- Albany Med EmUrgentCare - 730 Hoosick Road
- St. Peter’s Urgent Care - 79 Vandenburgh Ave, Troy

Hotlines
- 24-hour Nurse Line: 1-866-315-8756

Health Center Hours
Monday – Friday
8:30am - 5:00pm
MEDICAL SERVICES

- Colds, viral sinusitis, viral bronchitis
- STD’s, rashes, fatigue
- Mononucleosis, influenza, gastroenteritis
- Sprains or strains or other injuries
- Management of chronic conditions
- Gynecological care
- Allergy shots, immunizations
- Accredited lab

“Overall, the staff and care I have received at the health center has been timely, attentive, and great.”
COUNSELING SERVICES

- Personal psychological counseling
- Adjustment
- Time and stress management
- Relationships
- Anxiety and Depression
- Psychiatric assessments and medications
- Consultation
- Crisis Intervention

“This was my first time going to the counseling center... It really helps to keep me down on earth.”
HEALTH PROMOTION SERVICES

Programs
- Alcohol & Other Drugs
- Mental Health
- Nutrition/Fitness
- Safer Sex/Sexuality
- Smoking & Tobacco
- Stress
- Violence Issues
- Wellness

Initiatives
- InStallment
- Alcohol and Other Drug Advisory Committee
- Sexual Misconduct Prevention and Education
- Bystander Intervention Peer Educators
- Safe Zone program (LGBTQ awareness)
- LGBTQ Mentoring Network
Support services and referral information for students with disabilities

Assists with gaining equal access to academic programs, extracurricular activities, and physical facilities

Assesses eligibility for services for those who register and provide the required documentation

Meet Director Iardella today (refer to your schedule for more information)

Website: http://studenthealth.rpi.edu/disabilityservices
HOW MUCH DOES ALL THIS COST?

- Health Center Fee is $328/semester ($656/yr.)
- Covers all visits to the Student Health Center including medical, counseling and health education
- No co-pay or charge to your insurance plan
- Does NOT cover prescriptions, referrals to specialists, hospitalization or emergency room visits

“Overall it was a very pleasant experience; I was struck by the friendliness, professionalism, and overall usefulness of the staff.”
<table>
<thead>
<tr>
<th>Typical Health Center Appointments</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Viral Illness</strong></td>
</tr>
<tr>
<td>Recommend over-the-counter remedies and self-care</td>
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<tr>
<td>Student should have supply of medications in their residence hall</td>
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<tr>
<td><strong>Bacterial Illness</strong></td>
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<tr>
<td>Provider will write a prescription</td>
</tr>
<tr>
<td>Student fills prescription at one of five local pharmacies (need health insurance)</td>
</tr>
<tr>
<td><strong>Referral to Specialist</strong></td>
</tr>
<tr>
<td>Staff will assist with appointment scheduling</td>
</tr>
<tr>
<td>Student attends off campus appointment (need health insurance)</td>
</tr>
<tr>
<td><strong>Injury</strong></td>
</tr>
<tr>
<td>Minor: splint, crutches supplied (charge to student account)</td>
</tr>
<tr>
<td>Major: sent to hospital for x-ray (need health insurance)</td>
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Free flu shots each fall.
Federal and State laws, Institute policy, Medical Center policy, and medical ethics prohibit us from talking to anyone about a student’s health without that student’s written permission.

“I felt heard and understood and not rushed, and the doctor's diagnosis and treatment were spot-on.”
HEALTH CENTER PRE-ENTRANCE REQUIREMENTS

On-Line Portal Forms

- Notice of Privacy Practices
- Patient Information and Medical History
- Tuberculosis Screening
- Health Insurance Waiver/ Enrollment
- Local Contact Information
- Immunization History

Waive: 'Document Upload' a copy of your insurance card

'Document Upload' a copy of your Immunization Report
Welcome to the Student Health Portal

Welcome to the Rensselaer Student Health Center Portal. We hope you find this web portal to be a useful tool to help manage your healthcare. The portal can be used to schedule medical and GYN appointments, for secure messaging with your medical provider, submitting pre-entrance health information and to submit an enrollment/waiver form for RPI student health insurance plan.

The Student Health Center is a comprehensive, nationally accredited, physician-directed program providing confidential outpatient health care, mental health counseling, and health promotion services. Health care services include primary and urgent care, referrals to specialists, as well as gynecological and allergy clinics. Counseling services include individual counseling sessions and group workshops for personal and academic adjustment problems.

On behalf of the entire staff, I wish you the best for a healthy and successful academic year!

Sincerely,

Dr. Leslie Lawrence
Medical Director
All students must have health insurance that will work locally.

- Family Insurance
- Insurance purchased through Rensselaer
- A combination of the two

“My experiences at the campus healthcare facility have always been equal to or better than my healthcare experiences outside of campus.”
$657/semester on eBill (includes $7.68 administration fee) provides:

- No deductibles – in network
- 10% coinsurance – in network
- Nationwide set of providers – college, home, traveling
- Year round coverage (Aug 1 to July 31), cobra option
- Prescription plan ($10/$30/$50 co-pays)
- No annual maximum
- Pediatric dental and vision (to age 19)
- Meets all ACA requirements

A nationally and locally top-rated health insurance plan
While at Rensselaer, will my current plan include the following:

- Routine (not just urgent) care outside your geographic area?
- Specialist consultation outside your geographic area?
- Will you need a referral or prior authorization for treatment by a specialist?
- Routine laboratory, X-ray and other diagnostic tests outside your area?
- Prescription coverage?
- A nationwide network of providers?

Other considerations:
- International Students
- Study Abroad
- Co-op Experience
- Annual requirement
2 courses
2 parts to each course
30 day intermission between parts 1 and 2

Courses go live – July 30th
Part 1 deadline – Aug 30th
Part 2 deadline – Sept 30th

Sexual Assault Prevention for Undergraduates
## FEE OVERVIEW

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<td>- $328/semester</td>
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CONTACT US

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Health and Health Promotion: 518-276-6287
Counseling: 518-276-6479
Disability Services: 518-276-8197

http://studenthealth.rpi.edu

Twitter: @RPIhealth
Facebook: RPI Student Health Center
Instagram: rpi.studenthealth

“I've been to the health center multiple times, and every time it was amazing. Had a great experience (as good as it can get considering where I was!)”