Mental Health Support Groups

Wednesdays at 12pm or 6pm or Fridays at 9am or Sundays at 2pm

The counseling center has partnered with NAMI to provide virtual Peer Support Groups for RPI students who have experienced symptoms of a mental health condition. The groups are facilitated by trained students who have themselves struggled with mental health. By sharing your experiences in a safe and confidential setting, you can gain hope and feel a sense of connection.

Scan the QR code for more information or go to linktr.ee/namipeergrouprpi